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EMPOWERING ADULTS  
WITH DISABILITIES

WITH FLOWERS MADE  
FROM WASTE



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Empowering Adults with Disabilities with Flowers Made from Waste

# **Grouping And Design For Recycling Waste**

**LTT Buzau, Romania**

**20-25 April 2026**

# Contributions of Recycling and Flower-Making to the Mental Development of Impaired Adults

## Introduction

Recycling and creative activities are powerful tools in adult education.

They help:

- develop cognitive skills

- support emotional expression

- improve social interaction

- Flower-making from waste combines learning + creativity + sustainability



What is Cognitive Development?  
Cognitive development means:  
thinking  
understanding  
remembering  
problem-solving  
For impaired adults, it is  
important to use:  
simple  
practical  
visual activities

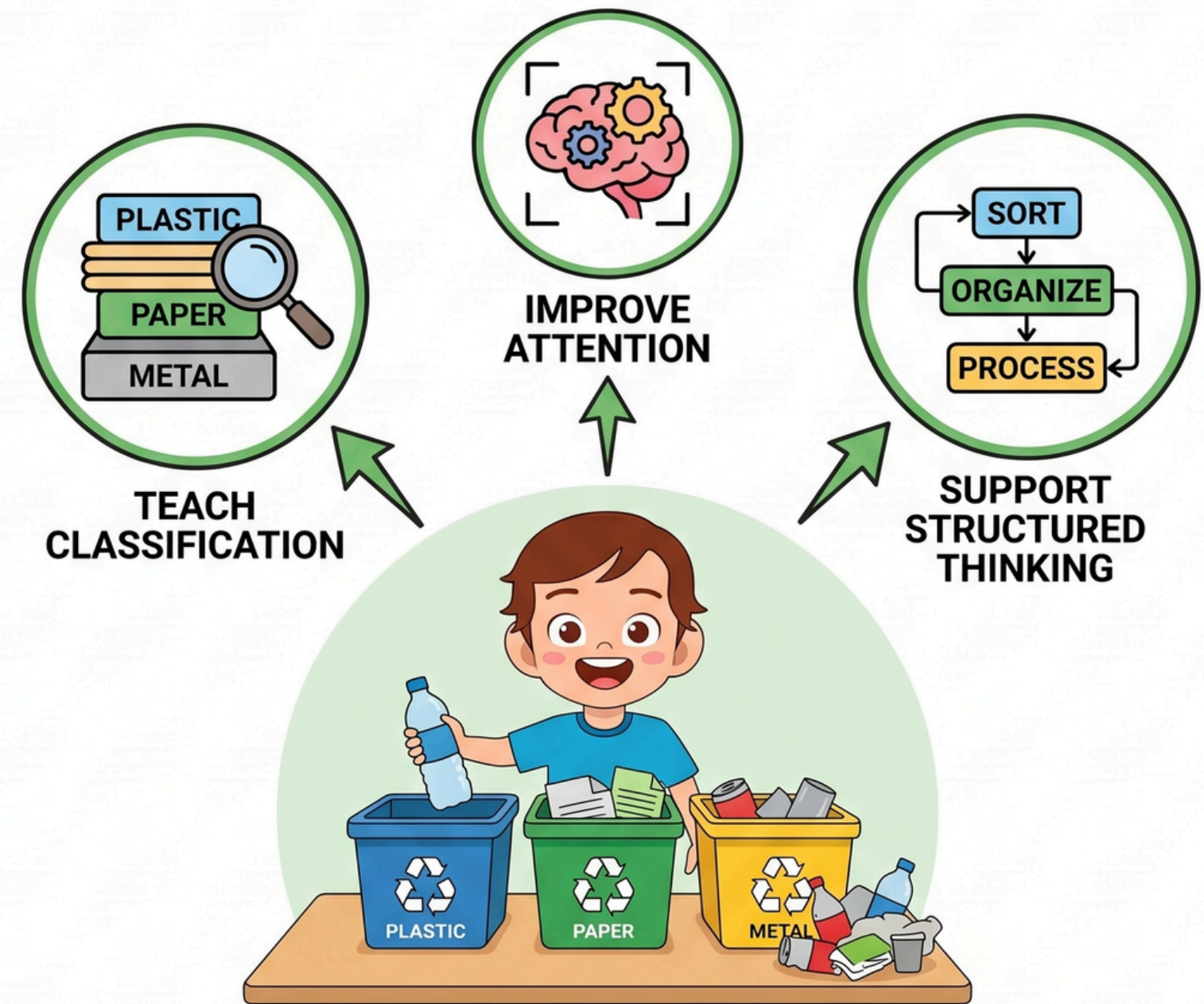


# Role of Recycling in Learning

Recycling activities:  
teach classification and decision-making  
improve attention and focus  
support structured thinking

Example: sorting materials (plastic, paper, metal)

## ROLE OF RECYCLING IN LEARNING



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# Creative Activities and the Brain

Creative work (like flower-making):

stimulates imagination

improves memory

activates multiple brain areas

Hands-on activities

= better learning outcomes

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👉 Hands-on activities =  
better learning outcomes.



# Development of Motor Skills

Flower-making helps develop:  
fine motor skills (cutting, folding,  
assembling)

hand-eye coordination

precision and control

Important for independence  
and daily life skills



# Emotional Benefits

Creative recycling activities:

reduce stress and anxiety

increase self-confidence

provide a sense of achievement

“I made something beautiful”

→ positive emotional impact



Social Interaction  
Group activities  
encourage:  
communication  
teamwork  
peer support  
Participants feel  
included and valued



Environmental Awareness  
Through recycling,  
participants:  
understand environmental  
responsibility  
learn to reduce waste  
connect with real-life  
sustainability actions  
Learning becomes  
meaningful and practical



Conclusion

Recycling and flower-making:

support cognitive  
development

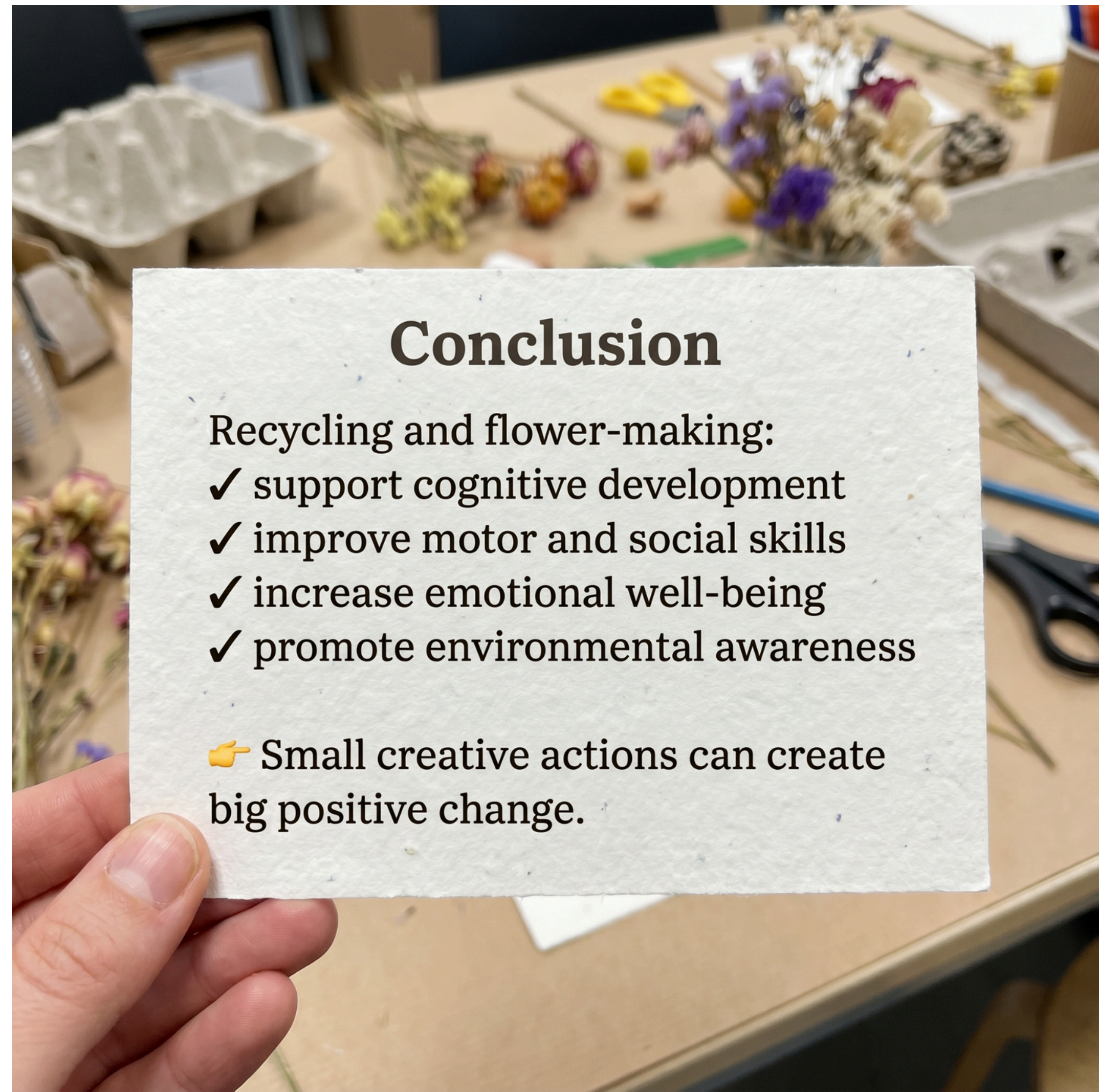
improve motor and social  
skills

increase emotional well-  
being

promote environmental  
awareness

Small creative actions can  
create big positive change.

**Thank you!**



## **Conclusion**

Recycling and flower-making:

- ✓ support cognitive development
- ✓ improve motor and social skills
- ✓ increase emotional well-being
- ✓ promote environmental awareness

👉 Small creative actions can create  
big positive change.

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